

## **Upper Arlington High School** **2015-2016**

### **ATHLETICS AND EXTRACURRICULAR ACTIVITIES CODE**

#### **Memorandum to Parent Regarding Board Policy on Drug-Free Schools**

In accordance with federal law, the Board of Education prohibits the use, possession, concealment, or distribution of any drug, or drug-related paraphernalia, or the misuse of a product containing a substance that can provide an intoxicating or mood-altering effect by students on school grounds, in school or school-approved vehicles, or at any school-related event. Compliance with Board Policy 5530 – *Drug Prevention* and Board Policy 5512 – *Use of Tobacco* is mandatory for all students. Any student who violates these policies will be subject to disciplinary action, in accordance with due process and as specified in the *Students' Rights and Responsibilities Handbook*, up to and including expulsion from school. When required by state law, the District will also notify law enforcement officials.

The District provides an age-appropriate, developmentally based, K-12 Comprehensive Chemical Abuse Prevention Program that emphasizes alcohol and other drug education, prevention, intervention, and assistance in a manner that addresses the legal, social and health consequences of alcohol and drug use. The program provides information about effective techniques for resisting peer pressure to use illicit drugs and alcohol. The Board believes that, in order to help students make appropriate health-lifestyle decisions, the schools' program efforts in this regard must develop interdependently with those of home and community. The District is concerned about any student who is a victim of alcohol or drug abuse and will facilitate the process by which she/he receives help through programs and services available in the community. Students and their parents should contact the school principal or counseling office whenever such help is needed.

#### **Rules and Penalties**

##### **Preamble:**

Participation in athletics and extracurricular activities is a privilege extended to all students who meet the eligibility requirements. One of the requirements is compliance with this Code, which is supportive of the District's commitment to provide a drug-free atmosphere where all students have the opportunity to achieve their academic, athletic, and social potential. To that end, athletic and extracurricular programs promote and reinforce a clear no-use message for students.

## **Rule 1: Citizenship**

Participation in athletics and extracurricular activities is a privilege. Students must earn the right to represent the school by conducting themselves in such a manner that the image of the student, team or organization, school and school district are not tarnished in any way. Any conduct that results in dishonor to the participant, the team or organization, the school, or the school district is prohibited. Dishonorable acts include, but are not limited to, cheating, dishonesty, harassment, intimidation or bullying, hazing, theft, vandalism, disrespect, or violations of the law. Citizenship violations include any violation of the *Student Rights and Responsibilities Handbook* and any violation of the rules established by the coach or advisor.

### **Voluntary Referral**

- A. No Participation Loss
- B. If the option of Voluntary Referral has been used, the Second Violation will be viewed as a "Second Offense"
- C. Loss of Leadership position(s) for one (1) year
- D. Mandatory Assessment (if deemed appropriate by the administration)

### **1<sup>st</sup> Offense**

- A. 20% loss of Participation (including contests, competitions, and performances)
- B. Loss of Leadership position(s) for one (1) year

### **2<sup>nd</sup> Offense**

- A. 50% loss of Participation (including contests, competitions, and performances)
- B. Ineligible for any Awards
- C. Permanent Loss of Leadership Positions

### **3<sup>rd</sup> Offense**

- A. Permanent Loss of the Privilege to Participate in Athletics and Extracurricular Activities.

## **Rule 2: Use, Being Under the Influence of, or Possession of Drugs**

Using, being under the influence of, or possessing drugs by any middle school or high school athletics or extracurricular participant is prohibited and can have a potential negative effect on the student's health and safety.

### **Voluntary Referral**

- A. No Participation Loss

- B. If the option of Voluntary Referral has been used, the Second Violation will be viewed as a “Second Offense”
- C. Loss of Leadership position(s) for one (1) year
- D. Mandatory Assessment

**1<sup>st</sup> Offense**

- A. 20% loss of Participation (including contests, competitions, and performances)
- B. All Awards held until completion of Family Assistance Program and Assessment
- C. Loss of Leadership position(s) for one (1) year
- D. Required Participation in the Family Assistance Program
- E. Mandatory Assessment

**2<sup>nd</sup> Offense**

- A. 50% loss of Participation (including contests, competitions, and performances)
- B. Ineligible for any Awards
- C. Permanent Loss of Leadership Positions
- D. Required Participation in the Family Assistance Program
- E. Mandatory Assessment

**3<sup>rd</sup> Offense**

- A. Permanent Loss of Privilege to Participate in Extracurricular Activities
- B. Mandatory Assessment

**Rule 3: Selling or Otherwise Supplying, Transmitting, or Distributing Drugs**

Selling or otherwise supplying, transmitting or distributing drugs is prohibited.

**1<sup>st</sup> Offense**

- A. Loss of Privilege to Participate for one (1) calendar year
- B. Violations Reported to the Police
- C. Permanent Loss of Leadership Positions
- D. Ineligible for any Awards
- E. Required Participation in the Family Assistance Program
- F. Mandatory Assessment

**2<sup>nd</sup> Offense**

- A. Permanent Loss of the Privilege to Participate in Extracurricular Activities
- B. Violations Reported to the Police
- C. Mandatory Assessment

### **Exceptions to Rules 2 and 3**

Notwithstanding the other provisions of the Code, the following shall be permitted:

- A parent or guardian of a student may serve alcohol as permitted by law to the student athlete;
- A student may observe bona fide religious practices; and
- The Athletic Council may modify penalties and provide conditions in its sole discretion where medical or psychological documentation has been presented which sufficiently demonstrates that penalties imposed under this Code will have extreme consequences for a student athlete's well-being.

### **Notice and Investigation**

The principal or designee shall notify the student and the student's parent(s) or guardian(s) of any alleged violation. The principal or designee will investigate the alleged violation by contacting the student, the student's parent(s) or guardian(s) and any other individuals the principal or designee deems necessary in his/her discretion. The principal or designee shall determine the appropriate penalty as soon as reasonably possible after investigating the alleged violation.

The standard used to determine whether a student has violated the Athletics and Extracurricular Activity Code will be the preponderance of evidence standard. The administrator making a determination about whether a student has violated the Code will consider evidence presented to him/her, including assessing the credibility of witnesses. Anonymous sources and complaints will be investigated; however, the anonymity of the source or complaint will be considered when assessing the quality of the evidence. The administrator will determine whether it is more likely than not that the student athlete has violated the Code.

### **Voluntary Referral Opportunity**

Voluntary referral must occur **prior** to any report of violations. Involvement by law enforcement officials negates the option of voluntary referral. The student may use the option of voluntary referral once in his/her academic career at Upper Arlington City Schools.

Voluntary referrals must be made by the student or the student accompanied by his/her parent/guardian. All voluntary referrals must be made within 24 hours unless the violation occurs on a weekend and then the referral must be made first thing on Monday. Voluntary referrals will not result in participation consequences on the first offense only. Students who commit a second Code violation will be subject to an automatic second offense consequence.

### **Timeliness**

All Code assessments/penalties must be completed within 60 days of the violation report. In the event that a Code violation occurs prior to the season/activity period in which the student will compete/participate, the playing time penalty may pass the 60-day requirement. This portion of the Code will be exempt from the 60-day requirement and will be fulfilled by the athlete at the start of the season or student at the start of the activity period. All other portions (assessments, etc.) will need to be completed within 60 days of the violation report.

### **Consequences**

Violations of the three rules (Citizenship, Use, Selling) are cumulative. A subsequent violation of the Code will progress a student to the next disciplinary level (offense). For the purpose of cumulating violations of the Code, there shall be two separate periods of academic life:

1. Grades 7 through 8, and
2. Grades 9 through 12

The first period will begin on August 1<sup>st</sup> of the students 7<sup>th</sup> grade year, and will end the last official school day for grade 8; the second period will begin at the end of the first period and will end the last official school date for grade 12. Within each of these two separate periods of academic life, violations of the Code shall be cumulative.

### **Definitions of Terms Used in the Athletic and Extracurricular Code**

- A. **Assessment:** An evaluation by a certified chemical dependency counselor (CCDC) outside of but approved by, the District. The CCDC will make an estimate or judgment as to physical or psychological condition of the student.
- B. **Athletic Council:** The governing body for athletics at the middle and high school level. The Athletic Council consists of the Superintendent, an administrator from Jones, an administrator from Hastings, a High School administrator, the High School Athletic Director and Assistant Athletic Director, the Middle School Athletic Director, and other members designated by the Superintendent.
- C. **Calendar year:** The period of 12 consecutive months.
- D. **Competition or participation:** Games, matches, tournaments, meets, contests, performances, meetings, projects, etc. (during the regular season or post-season) in which the student is academically eligible and is physically able to participate. The percentage loss of "competition or participation" will extend into the next activity/sport season in which the student participates, if he or she has not completed the penalty imposed. For year-long clubs and organizations, a 20% loss of participation equates to 9 weeks and a 50% loss of participation equates to 18 weeks.

## E. Drugs

1. All dangerous controlled substances as so designated and prohibited by Ohio statute;
2. All chemicals which release toxic vapors;
3. Any product containing a substance that can provide an intoxicating or mood-altering effect;
4. All alcoholic beverages;
5. Any prescription or patent drug, except those for which permission to use in school has been granted pursuant to Board policy;
6. Build altering chemicals, including, without limitation, anabolic steroids, growth hormones, testosterone or its analogs, human chorionic gonadotropin (HCG), and other hormones;
7. Tobacco and tobacco products, including any substance containing tobacco, including smokeless tobacco, in the mouth to derive the effects of tobacco, as well as all uses of tobacco or tobacco substitutes, including cigarettes, cigars, pipe tobacco, chewing tobacco, snuff, or any other matter or substances that contain tobacco, in addition to papers used to roll cigarettes and/or the smoking of electronic, "vapor," or other substitute forms of cigarettes, clove cigarettes or other lighted smoking devices for burning tobacco or any other substance;
8. Drug paraphernalia, including, without limitations, items described in 21 United States Code Section 863, O.R.C. Section 2925.14, or Upper Arlington Codified Ordinance Section 511.07;
9. Mind altering chemicals, including without limitation, narcotics, depressants, stimulants, hallucinogens, marijuana, and prescription drugs, unless authorized by a medical prescription from a licensed physician. A student taking a prescription drug must do so in accordance with that prescription. The prescription must be kept in its original container, which states the student's name and directions for proper use.
10. Any substance that is a "look-alike" to any of the above.
11. Unauthorized prescribed and prescribed-controlled substance and counterfeit controlled substance, including any of the following:
  - a. A drug, its container or label that bears a trademark, trade name, or other identifying mark used without authorization of the owner (manufacturer), or rights to its trademark, trade name, or identifying mark;
  - b. Any unmarked or unlabeled substance that is represented to be a controlled substance manufactured, processed, packaged, or distributed by a person other than the person that manufactured, processed, packaged, or distributed it;
  - c. Any substance that is represented to be a controlled substance but is not a controlled substance or is a different controlled substance;
  - d. Any substance other than a controlled substance that a reasonable person would believe to be a controlled substance because of its

similarity in shape, size, and color, or its markings, labeling, packaging, distribution, or the price for which it is sold or offered for sale.

**F. Family Assistance Program: NEED DEFINITION**

**G. Intervention and Assistance Program:** Help or aid secured from programs of the District, such as school-sponsored support groups or programs approved by the District.

**H. Parent:** The student's parent, unless the rights of that parent have been restricted by court order or legal agreement, guardian, or legal custodian.

**I. Possess:** Either (a) physical or actual control of alcohol, mind altering chemicals, build altering chemicals, tobacco, drug paraphernalia, unauthorized prescribed or prescribed-controlled substance, counterfeit controlled substance (e.g. on person, in a locker, in book bag, or in student's automobile); or (b) permitting other persons to possess alcohol, mind altering chemicals, build altering chemicals, drug paraphernalia, prescribed or prescribed-controlled substance, counterfeit controlled substances in locations (e.g. automobile, home, and such) for which the student has responsibility.

**J. Student:** For the purposes of this Code, any student who participates in any athletic program or extracurricular activity. Once a student participates in an athletic program or extracurricular activity, that student is a "student" for the purposes of this Code for the remainder of the period of academic life the student is in at that time. The Code is in effect for the entire period of the student's academic life, whether the student is actively participating in an athletic season or extracurricular activity.

**K. Under the influence:** Manifesting signs of chemical misuse, such as staggering, reddened eyes, odor of chemicals, nervousness, restlessness, memory loss, abusive language, falling asleep in class, or any other like behavior not normal for the particular student.

**L. Voluntary Referral:** A student may voluntarily report a code violation to any of the following: their coach, a staff member, their counselor, or an administrator. Any illegal conduct of any kind where the police are involved and arrest has been made, will be considered a code violation and the voluntary referral option is not available.

## **NCAA College Athletic Eligibility Requirements**

Students planning to participate in Division I or Division II college athletics must meet NCAA eligibility requirements. The NCAA Eligibility Center determines athletic eligibility. Applications and regulations are available in the College Center. It is

important that students and parents familiarize themselves with these requirements as early as possible in their high school careers.

**Students are encouraged to apply to the NCAA Eligibility Center:**  
**<http://www.eligibilitycenter.org> during the summer preceding their senior year.**

## **Academic Eligibility Policy**

Students must meet the following academic requirements in order to participate in athletics, extracurricular or co-curricular activities in grades 7-12.

- A student must earn at least a 2.0 grade point average (GPA) in order to be eligible for participation. The GPA will be applied separately for grades 7-8 and for grades 9-12 and calculated each grading period.
- A student's eligibility will be determined according to his or her GPA for each nine-week grading period. Because of the comprehensive nature of exams, semester and final exams are not calculated into the nine-week GPA. A student's eligibility will be determined by examining each nine-week GPA independent of prior grading periods. The individual nine-week GPA's value will be used by itself to determine a student's eligibility. Eligibility can be maintained, gained, or lost each grading period.
- 7<sup>th</sup> grade eligibility will be determined at the first quarter grading period.
- All incoming 7<sup>th</sup> graders are eligible to participate until the end of the first quarter grading period.

An exception may be made for an individual student with special needs and/or extenuating circumstances. An eligibility board will review such situations on an individual basis and may waive certain requirements as appropriate. This provision is intended to meet unique situations of students with special or adjusted educational needs. The eligibility board will hear requests of students and/or parents in regards to special needs, extenuating circumstances such as long-term illness, and/or appeals regarding eligibility.